

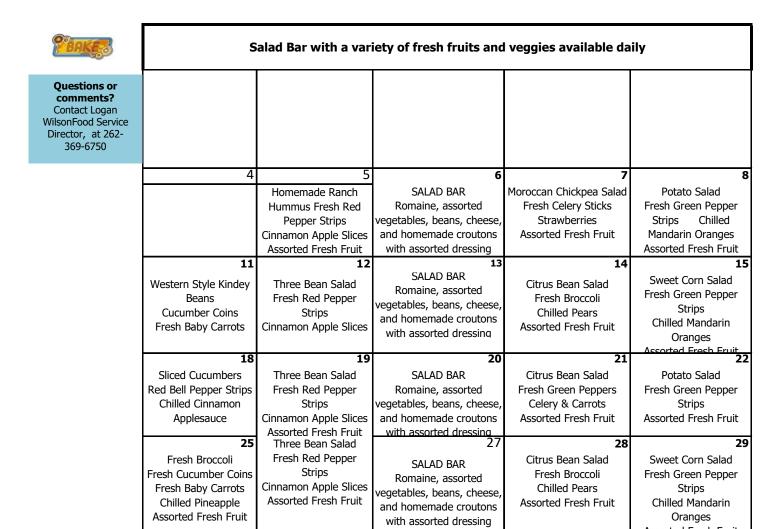
## Prices:

Student Lunch: \$3.25 Tier 2 - \$3.75 Reduced Lunch: \$0.40 Adult Lunch: \$4.00 Milk: \$0.40

## Merton Intermediate September 2017 Lunch Menu

Lunch price includes any entree, up to 3 vegetable side dishes, 1 fruit side dish, and milk. Milk choices are skim chocolate, skim white, and 1% white.

Monday	Tuesday	Wednesday	Thursday	Friday	
	,				Monday - Crispy Chicken Sandwich, Hamburger, Pizza Dippers with Sauce Tuesday - BBQ Pulled Pork, Meatball Sub, Corn Dogs Wednesday - Ham & Cheese, Chicken Patty, Chicken
4	<b>5</b> Chicken Quesadilla	6 Orange Chicken	7 Sloppy Joe	8 Mashed Potato Chicken Bowl	Nuggets <b>Thursday</b> -BBQ Pork Sandwich, Turkey Hot Dog, Stromboli <b>Friday</b> - Spicy Chicken,Toasty Cheese Sandwich, Pizza Dippers
	Mexicali Corn	Brown Rice & Peas	Baked Beans	Seasoned Corn	Homemade Pizza
Breaded Chicken Alfredo Penne Pasta	12 Spaghetti with Italian Meat Sauce	13 Roasted BBQ Chicken	14 Teriyaki Chicken	15 French Toast	Cheese and Peperoni Pizza Offered Daily ~Specialty Pizzas on Wednesdays~
Seasoned Broccoli	Steamed Carrots	Potato Wedges	Brown Rice & Peas	Sausage Patty & Tator Tots	Made-to-Order Deli
18 Breaded Chicken Alfredo	19 Sweet Chili Chicken Steamed Peas	20 Baked Potato Bar	21  Macaroni and Cheese	22 Mashed Potato Chicken Bowl	Available Daily: Assorted breads, meats, cheeses, and vegetable toppings to create your own sandwich. Try any sandwich grilled on our panini grill!
Penne Pasta Seasoned Broccoli	Brown Rice	Seasoned Broccoli	Seasoned Carrots	Seasoned Corn	Outlakes Cold Grab-and-Go
25 Breaded Chicken Alfredo	26 Buffalo Popcorn Chicken	Yogurt Parfait	28 Cheesy Chicken and Rice Casserole	French Toast	Tuesdays/Thursdays: Pork Tacos/Nachos
Penne Pasta	Seasoned Corn	Sweet Potato Fries		Sausage Patty & Tator Tots	



**Our Nutrition Guidelines:** 

Provide deeply colored, nutrient dense, and fiber rich fruits and vegetables.

Provide whole grain foods, such as whole grain pasta, bread, buns, and brown rice.

Encourage lean proteins.

The School Lunch Program is operated in accordance with U.S. Department of Agriculture policy which does not permit discrimination because of race, color, sex, age, handicap or national origin. Any person who believes that he or she has been discriminated against in any U.S.D.A. activity should write to the Secretary of Agriculture, Washington, D.C. 20250.